

**Don Hudson, PhD**  
Wilmington, NC  
410 218 8222 e: keeperdoc@gmail.com  
Aff, Anx, Dep, Fami. Ind, Men, Wom  
Fee for service, sliding scale

**Catherine Ibsen, PhD**  
2450 Delaney Ave. 28403  
763 9512  
18+, Aff, Ang, Fam, Gay, Ind, PTS, Sub  
Any insurance taken

**Lynn Ingram, M.A., LPA**  
PO Box 1473, 28402  
448 0728. e: lynningram99@gmail.com  
ACT, Aff, Anx, CBT, Dep, Fam, Gri, Ind, Min, Str, Sub, Wom  
BCBS, Medcost, sliding scale, student rate

**Jason D. Johnstone, MA LPA**  
313 Walnut St. # 111 28401  
800-0456 Fax 202-4740 e: jasonjstone@yahoo.com  
6+, ADHD, DEP, ANX. Test: IQ, Psy, LD  
BCBS, Medicaid, Self Pay

**Gabriele Jones, PhD Anchor Psychological**  
16581 US Hwy 17, #600 Hampstead; 1442 Military Cutoff, #B  
270 9995 e: gjones@anchorpsychological.com  
3+ EMDR Test: ADHD, Autism, personality  
Most insurances taken including Tricare

**Deb Kalnen, LPA Family Works Psychological Center**  
2002 Eastwood Dr., #305 28403  
509 0588  
18+, Couples, Ind, Men, Wom  
Most insurance accepted

**Karen S. Kirk, PhD Cape Fear Developmental Therapies, PLLC**  
2460 Delaney Ave., 28403  
202 9113 Fax: 202 9289. e: cfkidstherapy@gmail.com  
0-17, ADD, Anx, Attachment, ASD, DD, LD Test: ADD, ASD, Edu  
BCBS, Medicaid, Tricare, UHC

**Shi N. Klem, LPA, LCAS Delta Behavioral Health**  
1606 Physicians Dr., 28401  
343 6890 Fax: 332 1233  
18+, ACT, Anx, BoPd, CBT, Dep, DBT, PTSD, Sub  
Blue Cross

**Jody Long, LPA, LCAS, CCS Cageless Psychological Services**  
PO Box 4682, 28406  
623 0605 w: jody@cagelesspsych.com  
16+, ACT, CBT, DBT, Ind, Aff, Anx, DIDx, OCD, Pan, PTS, Sub, Wom  
BCBS, private pay

**Tom Mates, PhD**  
7032 Wrightsville Ave. 28403  
256 6163  
0+, ADD, Anx, ASD, CBT, Fam, LD, OCD Test: Edu, ADD, ASD  
Most major insurance plans accepted

**Jeanne M. McAllister, PhD**  
1213 Culbreth Dr. Landfall Executive Suites, 28405  
274 3141 Fax: 338 0848 e: jeannemcallister200@gmail.com  
16+, Anx, CBT, DBT, Dep, Fam, Gay, Ind, Min, Pan, PTS, Sex, Str  
Most insurances accepted

**Erika McCullough-Simpson, MA, LPA**  
4900 Randall Pkwy., #D 28403  
622 7443 Fax: 799 7558 e: elmesimpson@aol.com  
BC BS, NC HC, Medicaid, Medicare, private pay  
10+, Aff, Anx, CBT, Dep, ODD, PTS, Sex Test: Psy

**Kim Bolen McGrew, MA, LPA, LCAS-A**  
Landfall Executive Suites, 1213 Culbreth Dr., #125, 28405  
512 2890 Fax: 821 8447 w: wilmingtonpsychology.com  
16+, ACT, Anx, CBT, Dep, DIDx, Fam, Gay, OCD, Pan, Str, Sub, Wom  
Aetna, BCBS, Medcost, Multi

**Susan Moschos, PhD. MARS Memory-Health Network**  
4415 Junction Park Dr., 28412  
791 6277 Fax: 791 6626 w: marsmemory.com  
3+, ADD, Anx, Dep, DD Test: ADD, ASD, DD, LD, Edu, Neu, Psych  
Most insurances accepted.

**Heather Overton, MA, LPA, BCBA North Carolina Solutions**  
3904 Oleander Dr., #102, 28403  
313 3232 Fax: 313 6598 e: Russell-wendyr@rvbh.com  
3+, ABA, ASD, BeM, DD, ID, Par Test: Neu  
Medicaid

**Michael Palanza, MA, LPA**  
313 Walnut St., #105 28401  
251 8955 Fax: 202 4740  
ADD, Aff, Sub, Test: IQ, Psy  
Most major insurance plans accepted

**Bruce Pate, PhD. BCBA-D Beh. Consultation & Psych Services**  
3171 Wrightsville Ave., 28403  
252 751 0518 e: Bruce.Pate@BCPS-autism.com  
Autism assessment & ABA therapy  
Most insurance accepted

**Nancy C. Peters, PhD**  
2450 Delaney Ave., 28403  
762 9083 Fax: 763 6339  
0+, Aff, Anx, Dep, Fam, OCD, Par, PTS, Sex, Str  
Aetn, Cign, BCBS, Meder Optum, Tricr, UBH, UHC, Value

**Antonio E. Puente, PhD**  
1508 Military Cutoff Rd., #303 28403  
509 9371 Fax: 509 9372 e: clinicalneuropsychology@gmail.com  
6+ BiLS Test: Neuro  
Most insurance accepted

**Amanda Rickard, MA, LPA, BCBA Cape Fear ABA**  
Wilmington  
382 0009 e: capefearaba@gmail.com  
0-18, ADD, ASD, DD, BeM  
Blue Cross, Tricare

**Ben Rigby, PhD. Community Counseling Center**  
4810 Wrightsville Ave., 28403  
452-7370 Fax; 798 5199  
6+, ADD, Anx, ASD, Dep, Fam, Ind, Men, OCD, Par, Str  
BCBS, private pay sliding scale

**Chris Savard, PhD**  
1121 Medical Center Dr., 28403  
763 8134  
ADD, CBT, Dep, Fam, Ind, OCD, Test: Edu, Psy  
Most insurance accepted

**Phillip Sharp, EdD**  
219 Racine Dr., #A-3, 28403  
313 0460 w: phillipsharp.net  
16+, Ang, Anx, Dep, Men, Par, Pas, Str, SxA  
BCBS, Medicare, NC Teachers, Optum, UBH, UHC, etc.

**Jane St. John, LPA Delta Behavioral Health**  
1606 Physicians Dr. 28401  
343 6890 w: deltadb.com  
18+, Ang, Anx, BoPd, CBT, Day, DBT, Dep, Pan, Str, SubP  
Aetn, BCBS, Cign, Corp, Mgl, Medct, Value. Not Tricr, UHC

**Griffin Pollock Sutton, PhD, ABN, Tidal Neuropsychology, PLLC**  
19 South Hampstead Village Dr., Hampstead, 28443  
803 1434 Fax: 855 672 7002 e: griffinsutton@gmail.com  
6-99+, Neuropsych  
Aetna, BCBS, Cigna, Magellan, Medicare, Medicare, Optum, Tricare, UHC

**Nova Swanstrom, MA, LPA**  
1606 Physicians Dr., #104 28401  
343 6890 x3009 e: nshoneybeetherapy@gmail.com  
Gay, Gen  
Aetna, BCBS, Medicare, Medcost, Inclusive Health

**Deborah J. Taylor, PsyD**  
3205 Randall Pkwy., #118 28403  
769 3660 Fax: 769 3661  
16+, Aff, Analytical, CBT, Dep, Gay, Ger, Gri, Ind, PTS, Sex, Wom  
Aetn, BCBS, Cign, Meder, MGH, NC Teach, Pefc, Tricr, UBH, UHC

**Denise A. Tervo, PhD**  
The Atrium, 1410 Commonwealth Dr., #101, 28403  
412 661 5015 Fax: 412 661 6910  
Anx, Dep, Gay, Ger, Gri, Par, PTSD, Sex, Wom  
Fee for service, sliding scale

**Kerri Wright, PsyD Mind Matters**  
4000 Shipyard Blvd., #100 28403  
792 5570 Fax: 792 5577 e: Kerri.Wrightpsych@gmail.com  
3+, ASD, ADD, Anx, DD, Test: ADD, ASD, DD, LD, Edu, Neu, Psych  
BCBS, Tricare, UHC



# Cape Fear Psychological Association

[www.CapeFearPsych.org](http://www.CapeFearPsych.org)

2021-2022

CFPA is a group of unaffiliated psychologists in southeastern NC. More detailed information about each member can be found on our website. All addresses are Wilmington unless otherwise shown. The abbreviations used are as follows:

Acceptance & Commitment Therapy	ACT
Adoption	Adp
Applied Behavior Analysis	ABA
Attention Deficit Disorder	ADD
Affective disorders	Aff
Anger management	Ang
Anxiety disorders	Anx
Autism spectrum disorders	ASD
Bariatric assessment & therapy	Bar
Behavioral management	BeM
Bilingual	BilS Spanish
Borderline personality	BoPd
Cancer support	Can
Cogmed	Cog
Cognitive behavioral therapy	CBT
Partial hospital day treatment	Day
Dialectical behavior therapy	DBT
Depression	Dep
Developmental disabilities	DD
Dual Diagnosis	DI Dx
Eating disorders	Eat
EMDR	EMD
Family/marital therapy	Fam
Forensic	For
Gay/lesbian issues	Gay
Gender therapy	Gen
Geriatric	Ger
Grief	Gri
Hypnotherapy	Hyp
Individual	Ind
Industrial/organizational consulting	I/O
Intellectual Disability/Mental Retardation	ID
Learning disabilities	LD
Men's issues	Men
Mindfulness	Min
Obsessive compulsive disorder	OCD
Oppositional defiant disorder	ODD
Panic disorder	Pan
Parent training	Par
Pastoral counseling	Pas
Play therapy	Pla
PTSD/trauma	PTS
Sexual abuse	Sex
Sexual addiction	SxA
Stress	Str
Substance abuse	Sub
Substance abuse intensive out-pt pgm	SubP
Traumatic brain injury	TBI
Weight management	WtM
Women's issues	Wom
Age on up	X+
Testing	Test
Educational	Edu
Neuropsychological	Neu
Psychological	Psy
email address	e:
web site address	w:

Insurance taken; others may be accepted that are not listed here. Check the website or call the practitioner directly.

Aetna	Aetn
Accordia	Accr
Blue Cross	BCBS
BHR	BHR
Cape Network	CpNet
Ceridian	Cerid
Champus VA	VA
Cigna	Cign
Compsych	Cmps
Health Care Savings	HCSav
Health First	Hlth1st
HMSA	HMSA
HNFS	HNFS
Humana	Human
IBH	IBH
Mailhandlers	Mail
Magellan	Mgln
Medcost	Medest
Medicaid	Meded
Medicare	Meder
MHN	MHN
Multiplan	Multi
NC Health Choice	NC HC
NC Teachers & State	NC Teach
Pacificare	Pefe
PHCS	PHCS
Tricare	Trier
UBH	UBH
UHC	UHC
Value Options	Value
Workers Comp	Workr
Others exist	Etc.

Marilyn E. Ain, PhD Psychological Consultation Services  
8715 East Oak Island Dr. Oak Island, 28465  
910 520 8337  
Adults for individual therapy.  
Blue Cross, Medicare

Bruce Baldwin, PhD. Baldwin Psychological, P.A.  
309 R.L. Honeycutt Dr. 28412  
799 6544 e:bbaldwin1@ec.rr.com  
16+, Ang,Anx, Dep,Fam, Gri,Ind,Par,Str Test: Edu  
Generous sliding scale; no insurance accepted.

Richard Berg, PhD  
3205 Randall Pkwy., #124 28403  
367 5010 e:drberg@richardberg.net  
Test: 18+, Neu, Aviation  
No insurance accepted

Diane Berth, MA, LPA, BCBA Berth Behavior Consultation  
PO Box 10540, 28404  
919 606 7106 e: diane@berthbehaviorconsultation.com  
18+, ABA, ASD, BeM,DD, ID  
Medicaid Innovations Waiver

Michael Bradley, EdD  
2450 Delaney Ave. 28403  
763 9512 e:cccofnc@bellsouth.net  
18+, Anx, CBT,Dep, Par, Str  
Aetn,BCBS,Cign,Mail,Mgln,Meder,Trier,Value,UBH,UHC, etc.

Amber Brantley, MA, LPA, BCBA Coastal Autism Solutions  
Wilmington, NC  
919 630 8764 e: Amber@coastalautismsolutions.com  
0-18, ADD, ASD, DD, BeM, Par  
Aetn, BCBS, Trier, UBH

Kelly Broadwater, LPA, LCMHC, CEDS-S Chrysalis Center  
3240 Burnt Mill Rd., #1 28403  
790 9500 Fax: 796 8111 w:chrysaliscenter-nc.com  
12+, ACT,Anx,Bar,Dep,DBT, Eat,PTSD,Sex,Sub,WtM,Wom Test:Bar

Trish Brown, LPA, LPC  
3205 Randall Pkwy., #123 28403  
444 1882 Fax: 666 0501 w:Patriciambrown.com  
0-60, ADD,Aff,Anx,Dep,Fam,Ind,PTS,Sex  
Aetna, BCBS, Cigna, Tricare, UBH

Jane Vogt Buongiorno, PhD  
256 5070  
Retiring from practice in 2022

Catherine Butler, MA, LCMHC  
2202 Wrightsville Ave., #211 28403  
833 8370 Fax: 833 8371  
16+,ACT,Anx,Can,Cep,EMD, Fam,Gay,Gri,Min,PTS,Str,Wom  
Blue Cross, Magellan

Glenn Cahn, PhD  
3205 Randall Parkway, #117 28403  
332 4134 Fax: 332 4148 w:ILMpsychtesting.com  
Test:6+, Edu, Neu, Psy:ADD, Aff, Anx, ASD, Dep,LD, Sub, TBI  
BCBS, Tricare, UBH, UHC, Value

Kitty Davis, LPA, LCAS  
3802 Wrightsville Ave., 28403  
612 9004 e:kittydavis@bellsouth.net  
DI Dx, DBT, Spirituality, Gri, PTS, Sub  
Self pay

Tara Ferguson, PhD  
5004 Oleander Dr., 28403  
444 1837 e: tarafer1@gmail.com  
13+, Anx, CBT, Eat, EMDR, Min, PTSD, Sex  
Aetna, BCBS, Bright Health, Medcost, PHCS, Tricare, UHC

Aitza Galarza, PhD Cape Fear Developmental Therapies, PLLC  
2460 Delaney Ave., 28403  
202 9113  
0-17, Test: ADHD, ASD, anxiety, DD, LD  
BCBS, Cigna, Medicaid (all standard plans & Direct), Tricare, UHC

Tina Gill, LCMHC, BCBA, Behavioral Consulting for Autism, PLLC  
16717 Hwy 17, #210 Hampstead, 28443  
3317 Masonboro Loop Rd., 28409  
619 1200 w: behavioralconsultingnc.com  
ABA services. BCBS, Medicaid, Tricare

Mary Godin, MA, LPA, LCMHC, Anchor Psychological  
16581 US Highway 17, #600 28443  
270 9995 w: anchorpsychological.com  
3+, ADD, Aff, Anx, ASD, CBT, Dep, PTS, Sex  
Aetn, BC BS, Cerid, Mgln, Medet, Multi, Trier, Value, UHC

Yael Gold, PhD Integrated Therapy Associates  
3907 Wrightsville Ave., #110 28403  
799 6162 e: yaelgold@msn.com w:itahealing.com  
16+, Anx, Dep, Eat, EMD, Gri, Hyp, PTS, Sex  
Aetn, BCBS, Mgln, Medcost, Meder, NCHC, Trier

Howard Grotzky, EdD  
5010 Randall Parkway 28403  
791 5719  
5+, ADD, Fam, Ind, PTS; Test: For  
Most insurance taken

Monty Grubb, PhD Trilogry Services  
7741 Market St., #C 28411  
686 4300 e: MGrubbTrilogry@aol.com w: TrilogryAPS.com  
1+,Ang,Anx,BeM,CBT,DD,Dep,Ger,ID,I/O,PTS,Str,TBI  
BCBS, Medicare, Tricare, and most others

Denise Hanson, PsyD Mind Matters  
4000 Shipyard Blvd, #100, 28403  
792 5570 Fax: 792 5577 e:drhanson29@gmail.com  
3+, ADD, Cogmed, EMDPar, PTS Test: Edu,Neu,Psych  
All insurance taken

Eric Hartman, PsyD  
2460 Delaney Ave., 28403  
202 9113 Fax: 202 9289. e:erichartmanpsyd@gmail.com  
ADD, Ang, CBT, Dep, Gri, Ind, LD, ODD. Test: EDU, Psy, ADD/LD  
5-26, Aetna, BCBS, Cigna, UBH

Lillian Hood, MA, LPA Danson Counseling & Assessment Services  
3133 Wrightsville Ave., 28403  
742 0433 e: lillian@dansoncounseling.com  
w:dansoncounseling.com  
25+, ACT, Anx, CPT, Exposure therapy, OCD,Phobia, PTS  
BCBS, self-pay

Christine Hook, PhD NCSP, ABSNP Potentials  
2505 S. 17th St., #200 28401  
254 4545 Fax: 254 4557 w: potentialsnc.com  
Test: 0-25, Edu, Neu, Psy: ADD,ASD,Cog,DD,LD  
Fee for service/out of network