

**Lynn Ingram, M.A., LPA, LCAS**

PO Box 1473, 28402  
448 0728. e: lynningram99@gmail.com  
ACT, Aff, Anx, CBT, Dep, Fam, Gri, Ind, Min, Str, Sub, Wom  
BCBS, Medcoast, sliding scale, student rate

**Jason D. Johnstone, MA LPA**

313 Walnut St. # 111 28401  
800-0456 Fax 202-4740 e: jasonjstone@yahoo.com  
6+, ADHD, DEP, ANX. Test: IQ, Psy, LD  
BCBS, Medicaid, Self Pay

**Gabrielle Jones, PhD Anchor Psychological**

16581 US Hwy 17, #600 Hampstead; 1442 Military Cutoff, #B  
270 9995 e: gjones@anchopsychological.com.  
3+ EMDR Test: ADHD, Autism, personality  
Most insurances taken including Tricare

**Deb Kalnen, LPA Family Works Psychological Center**

2002 Eastwood Dr., #305 28403  
509 0588  
18+, Couples, Ind, Men, Wom  
Most insurance accepted

**Guy Kashgarian, PhD Family Works Psych Center**

2002 Eastwood Rd., #305 28403  
509 0588 w: familyworkscenter.com/  
14+, Couples, Family, Ind, Anx, Dep, DI Dx, Pan, Men, SA, SxA  
Test: Psy  
Most insurance accepted

**Karen S. Kirk, PhD Cape Fear Developmental Therapies, PLLC**

2460 Delaney Ave., 28403  
202 9113 Fax: 202 9289. e: cfkidstherapy@gmail.com  
0-17, ADD, Anx, Attachment, ASD, DD, LD Test: ADD, ASD, Edu  
BCBS, Medicaid, Tricare, UHC

**Shi N. Klem, LPA, LCAS Delta Behavioral Health**

1606 Physicians Dr., 28401  
343 6890 Fax: 332 1233  
18+, ACT, Anx, BoPd, CBT, Dep, DBT, PTSD, Sub  
Blue Cross

**Jody Long, LPA, LCAS, CCS Cageless Psychological Services**

PO Box 4682, 28406 Karisma Salon Suites, 28412  
623 0605 w: jody@cagelesspsych.com  
14+, ACT, CBT, DBT, Ind, Aff, Anx, DIDx, OCD, Pan, PTS, Sub, Wom  
Blue Cross, private pay, sliding scale

**Tom Mates, PhD**

7032 Wrightsville Ave. 28403  
256 6163  
0+, ADD, Anx, ASD, CBT, Fam, LD, OCD Test: Edu, ADD, ASD  
Most major insurance plans accepted

**Jeanne M. McAllister, PhD**

1213 Culbreth Dr. Landfall Executive Suites, 28405  
274 3141 Fax: 338 0848 e: jeannemcallister200@gmail.com  
16+, Anx, CBT, DBT, Dep, Fam, Gay, Ind, Min, Pan, PTS, Sex, Str  
Most insurances accepted

**Erika McCullough-Simpson, MA, LPA**

4900 Randall Pkwy., #D 28403  
622 7443 Fax: 799 7558 e: elmesimpson@aol.com  
BC BS, NC HC, Medicaid, Medicare, private pay  
10+, Aff, Anx, CBT, Dep, ODD, PTS, Sex Test: Psy

**Kim Bolen McGrew, MA, LPA**

1213 Culbreth Dr., #125 Landfall Executive Suites 28405  
512 2890 Fax: 821 8447 w: wilmingtonpsychology.com  
16+, ACT, Anx, CBT, Dep, DIDx, Fam, Gay, OCD, Pan, Str, Sub, Wom  
Aetna, BCBS, Medcoast, Multi

**Doug Owen, MS, LPC**

311 Judges Rd., #1E 28405  
792 9888 w: bridgebuilderscounseling.com  
13+, Anx, Fam, Pas  
BCBS, Medcoast, and most others

**Heather Overton, MA, LPA, BCBA North Carolina Solutions**

3904 Oleander Dr., #102, 28403  
313 3232 Fax: 313 6598 e: Russell-wendyr@rvbh.com  
3+, ABA, ASD, BeM, DD, ID, Par Test: Neu  
Medicaid

**Michael Palanza, MA, LPA**

313 Walnut St., #105 28401  
251 8955 Fax: 202 4740  
ADD, Aff, Sub, Test: IQ, Psy  
Most major insurance plans accepted

**Bruce Pate, PhD. BCBA-D Beh. Consultation & Psych Services**

3171 Wrightsville Ave., 28403  
252 751 0518 e: Bruce.Pate@BCPS-autism.com  
Autism assessment & ABA therapy  
Most insurance accepted

**Nancy C. Peters, PhD**

2450 Delaney Ave., 28403  
762 9083 Fax: 763 6339  
0+, Aff, Anx, Dep, Fam, OCD, Par, PTS, Sex, Str  
Aetn, Cign, BCBS, Medcr Optum, Trier, UBH, UHC, Value

**Antonio Puente, PhD**

1508 Military Cutoff Rd., #303 28403  
509 9371 e: clinicalneuropsychology@gmail.com  
6+ BiLS Test: Neuro  
Most insurance accepted

**Amanda Rickard, MA, LPA, BCBA Cape Fear ABA**

Wilmington  
382 0009 e: capefearaba@gmail.com  
0-18, ADD, ASD, DD, BeM  
Blue Cross, Tricare

**Ben Rigby, PhD. Community Counseling Center**

4810 Wrightsville Ave., 28403  
452-7370 Fax: 798 5199  
6+, ADD, Anx, ASD, Dep, Fam, Ind, Men, OCD, Par, Str  
BCBS, private pay sliding scale

**Licia Rogers, MS, LPA Psychological Evaluation Services**

4020 Oleander Dr., #203, 28403  
540 8081 Fax: 399-3434  
5-17, CBT. Test: ADHD, Anx, Aut, Dep, Trauma  
BCBS, Magellan, Medicaid, NC Healthchoice

**Chris Savard, PhD**

1121 Medical Center Dr., 28403  
763 8134  
ADD, CBT, Dep, Fam, Ind, OCD, Test: Edu, Psy  
Most insurance accepted

**Phillip Sharp, EdD**

219 Racine Dr., #A-3, 28403  
313 0460 w: phillipsharp.net  
16+, Ang, Anx, Dep, Men, Par, Pas, Str, SxA  
BCBS, Medicare, NC Teachers, UBH, UHC, etc.

**Jane St. John, LPA Delta Behavioral Health**

1606 Physicians Dr. 28401  
343 6890 w: deltadbt.com  
18+, Ang, Anx, BoPd, CBT, Day, DBT, Dep, Pan, Str, SubP  
Aetn, BCBS, Cign, Corp, Mgl, Medet, Value. Not Trier, UHC

**Jennifer Staat, PhD The Yellow Umbrella**

3205 Randall Pkwy., #119 28403  
547 3093 e: djesta@gmail.com  
18+, Anx, Dep, EMD, Gri, PTS, Sex  
Aetna, BCBS, Medcoast, Medicare, Tricare, UBH

**Nova Swanstrom, MA, LPA**

1606 Physicians Dr., #104 28401  
343 6890 x3009 e: nshoneybeetherapy@gmail.com  
Gay, Gen  
BCBS, Medicare, Medcoast, Inclusive Health, sliding scale

**Deborah J. Taylor, PsyD**

3205 Randall Pkwy., #118 28403  
769 3660 Fax: 769 3661  
16+, Aff, Analytical, CBT, Dep, Gay, Ger, Gri, Ind, PTS, Sex, Wom  
Aetn, BCBS, Cign, Medcr, MGH, NC Teach, Pefc, Trier, UBH, UHC

**Denise A. Tervo, PhD**

The Atrium, 1410 Commonwealth Dr., #101, 28403  
367 5014, 412 661 5015 Fax: 412 661 6910  
Anx, Dep, Gay, Ger, Gri, Par, PTSD, Sex, Wom  
Fee for service, sliding scale

**Dustin Grant Williams, PhD, LP Azalea Psychological**

2035 Oleander Dr. 28403  
816 651 1750 e: williamsLPC@gmail.com  
Test: 0+, Education and Neuropsychological  
Medicaid

**Kerri Wright, PsyD Mind Matters**

4000 Shipyard Blvd., #100 28403  
792 5570 Fax: 792 5577 e: Kerri.Wrightpsych@gmail.com  
3+, ASD, ADD, Anx, DD, Test: ADD, ASD, DD, LD, Edu, Neu, Psych  
BCBS, Tricare, UHC



# Cape Fear Psychological Association

[www.CapeFearPsych.org](http://www.CapeFearPsych.org)

2020-2021

CFPA is a group of unaffiliated psychologists in southeastern NC. More detailed information about each member can be found on our website. All addresses are Wilmington unless otherwise shown. The abbreviations used are as follows:

<b>Acceptance &amp; Commitment Therapy</b>	<b>ACT</b>
<b>Adoption</b>	<b>Adp</b>
<b>Applied Behavior Analysis</b>	<b>ABA</b>
<b>Attention Deficit Disorder</b>	<b>ADD</b>
<b>Affective disorders</b>	<b>Aff</b>
<b>Anger management</b>	<b>Ang</b>
<b>Anxiety disorders</b>	<b>Anx</b>
<b>Autism spectrum disorders</b>	<b>ASD</b>
<b>Bariatric assessment &amp; therapy</b>	<b>Bar</b>
<b>Behavioral management</b>	<b>BeM</b>
<b>Bilingual</b>	<b>BilS Spanish</b>
<b>Borderline personality</b>	<b>BoPd</b>
<b>Cancer support</b>	<b>Can</b>
<b>Cogmed</b>	<b>Cog</b>
<b>Cognitive behavioral therapy</b>	<b>CBT</b>
<b>Partial hospital day treatment</b>	<b>Day</b>
<b>Dialectical behavior therapy</b>	<b>DBT</b>
<b>Depression</b>	<b>Dep</b>
<b>Developmental disabilities</b>	<b>DD</b>
<b>Dual Diagnosis</b>	<b>DI Dx</b>
<b>Eating disorders</b>	<b>Eat</b>
<b>EMDR</b>	<b>EMD</b>
<b>Family/marital therapy</b>	<b>Fam</b>
<b>Forensic</b>	<b>For</b>
<b>Gay/lesbian issues</b>	<b>Gay</b>
<b>Gender therapy</b>	<b>Gen</b>
<b>Geriatric</b>	<b>Ger</b>
<b>Grief</b>	<b>Gri</b>
<b>Hypnotherapy</b>	<b>Hyp</b>
<b>Individual</b>	<b>Ind</b>
<b>Intellectual Disability/Mental Retardation</b>	<b>ID</b>
<b>Learning disabilities</b>	<b>LD</b>
<b>Men's issues</b>	<b>Men</b>
<b>Mindfulness</b>	<b>Min</b>
<b>Obsessive compulsive disorder</b>	<b> OCD</b>
<b>Oppositional defiant disorder</b>	<b>ODD</b>
<b>Organizational consulting</b>	<b>Org</b>
<b>Panic disorder</b>	<b>Pan</b>
<b>Parent training</b>	<b>Par</b>
<b>Pastoral counseling</b>	<b>Pas</b>
<b>Play therapy</b>	<b>Pla</b>
<b>PTSD/trauma</b>	<b>PTS</b>
<b>Sexual abuse</b>	<b>Sex</b>
<b>Sexual addiction</b>	<b>SxA</b>
<b>Stress</b>	<b>Str</b>
<b>Substance abuse</b>	<b>Sub</b>
<b>Substance abuse intensive out-pt pgm</b>	<b>SubP</b>
<b>Traumatic brain injury</b>	<b>TBI</b>
<b>Weight management</b>	<b>WtM</b>
<b>Women's issues</b>	<b>Wom</b>
<b>Age on up</b>	<b>X+</b>
<b>Testing</b>	<b>Test</b>
<b>Educational</b>	<b>Edu</b>
<b>Neuropsychological</b>	<b>Neu</b>
<b>Psychological</b>	<b>Psy</b>
<b>email address</b>	<b>e:</b>
<b>web site address</b>	<b>w:</b>

Insurance taken; others may be accepted that are not listed here. Check the website or call the practitioner directly.

<b>Aetna</b>	<b>Aetn</b>
<b>Accordia</b>	<b>Accr</b>
<b>Blue Cross</b>	<b>BCBS</b>
<b>BHR</b>	<b>BHR</b>
<b>Cape Network</b>	<b>CpNet</b>
<b>Ceridian</b>	<b>Cerid</b>
<b>Champus VA</b>	<b>VA</b>
<b>Cigna</b>	<b>Cign</b>
<b>Compsych</b>	<b>Cmps</b>
<b>Health Care Savings</b>	<b>HCSav</b>
<b>Health First</b>	<b>Hlth1st</b>
<b>HMSA</b>	<b>HMSA</b>
<b>HNFS</b>	<b>HNFS</b>
<b>Humana</b>	<b>Human</b>
<b>IBH</b>	<b>IBH</b>
<b>Mailhandlers</b>	<b>Mail</b>
<b>Magellan</b>	<b>Mgln</b>
<b>Medcost</b>	<b>Medcost</b>
<b>Medicaid</b>	<b>Meded</b>
<b>Medicare</b>	<b>Meder</b>
<b>MHN</b>	<b>MHN</b>
<b>Multiplan</b>	<b>Multi</b>
<b>NC Health Choice</b>	<b>NC HC</b>
<b>NC Teachers &amp; State</b>	<b>NC Teach</b>
<b>Pacificare</b>	<b>Pefc</b>
<b>PHCS</b>	<b>PHCS</b>
<b>Tricare</b>	<b>Trier</b>
<b>UBH</b>	<b>UBH</b>
<b>UHC</b>	<b>UHC</b>
<b>Value Options</b>	<b>Value</b>
<b>Workers Comp</b>	<b>Workr</b>
<b>Others exist</b>	<b>Etc.</b>

**Marilyn E. Ain, PhD Psychological Consultation Services**  
8715 East Oak Island Dr. Oak Island, 28465  
910 520 8337  
Adults for individual therapy.  
Blue Cross, Medicare

**Melanie Bachmeyer-Lee, PhD Ctr. for Pediatric Beh. Health**  
UNCW Psychology Clinic 720 St. James Dr.  
660 8200 Fax: 660 8199 e:bachmeyerm@centerforpbh.com  
0-18, ADD, ASD, DD, ID, BeM, Par  
Aetn, BCBS, Cign, Trier, UBH

**Bruce Baldwin, PhD. Baldwin Psychological, P.A.**  
309 R.L. Honeycutt Dr. 28412  
799 6544 e:bbaldwin1@ec.rr.com  
16+, Ang,Anx, Dep,Fam, Gri,Ind,Par,Str Test: Edu  
Generous sliding scale; no insurance accepted.

**Richard Berg, PhD**  
3205 Randall Pkwy., #124 28403  
367 5010 e:drberg@richardberg.net  
Test: 18+, Neu, Aviation  
No insurance accepted

**Diane Berth, MA, LPA, BCBA Berth Behavior Consultation**  
PO Box 10540, 28404  
919 606 7106 e:diane@berthbehaviorconsultation.com  
18+, ABA, ASD, BeM,DD, ID  
Medicaid

**Michael Bradley, EdD**  
2450 Delaney Ave. 28403  
763 9512 e:cccfncc@bellsouth.net  
18+, Anx, CBT,Dep, Par, Str  
Aetn,BCBS,Cign,Mail,Mgln,Meder,Trier,Value,UBH,UHC, etc.

**Amber Brantley, MA, LPA, BCBA Coastal Autism Solutions**  
Wilmington, NC  
919 630 8764 e:Amber@coastalautismsolutions.com  
0-18, ADD, ASD, DD, BeM, Par  
Aetn, BCBS, Trier, UBH

**Kelly Broadwater, MA, LPA, LPC, CED-S Chrysalis Center**  
3240 Burnt Mill Rd., #1 28403  
790 9500 Fax: 796 8111 w:chrysaliscenter-nc.com  
10+,ACT,Anx,Bar,Dep,DBT,Eat,PTS,Sex,Sub,WtM,Wom Test: Bar  
Aetna, BCBS, Medcost,NC HC, NC Teach, Trier, UBH, UHC

**Trish Brown, LPA, LPC**  
3205 Randall Pkwy., #123 28403  
791 5719 Fax: 799 8180 w:Patriciambrown.com  
0+, ADD,Aff,Anx,Dep,Fam,Ind,PTS,Sex  
BCBS, Cigna, Tricare, UBH

**Jane Vogt Buongiorno, PhD**  
Landfall Executive Suites  
256 5070 Fax: 256 6264  
18+ through seniors  
Aff,Anx, Dep, EMDR, Gay, Ger, Gri, Men,Pan, PTSD, Str, Wom  
Medicare; other insurance plans, out of network w/courtesy billing

**Catherine Butler, MA, LCMHC**  
2202 Wrightsville Ave., #211 28403  
833 8370 Fax: 833 8371  
16+,ACT,Anx,Can,Cep,EMD, Fam,Gay,Gri,Min,PTS,Str,Wom  
Blue Cross, Magellan

**Glenn Cahn, PhD**  
3205 Randall Parkway, #117 28403  
332 4134 Fax: 332 4148 w:ILMpsychtesting.com  
Test:6+, Edu, Neu, Psy:ADD, Aff, Anx, ASD, Dep,LD, Sub, TBI  
BCBS, Humana, Tricare, UBH, UHC, VA, Value

**Kitty Davis, LPA, LCAS Charis Counseling Center**  
3205 Randall Parkway, #116 28403  
612 9004 e:kittydavis@bellsouth.net  
DI Dx, DBT, Gay, Gri, PTS, Sub  
Blue Cross, Medcost

**Tara Ferguson, PhD**  
5004 Oleander Dr., 28403  
444 1837 e: tarafer1@gmail.com  
13+, Anx, CBT, Eat, EMDR, Min, PTSD, Sex  
Aetna, BCBS, Medcost, PHCS, Tricare

**Aitza Galarza, PhD Cape Fear Developmental Therapies**  
2460 Delaney Ave., 28403  
910 202 9113. Fax: 202 9289. e: agalarza.psych@gmail.com  
3-22, ADD, Anx, ASD,DD,LD,BilS Test: ADD, ASD,Edu,Psy  
BCBS, Cigna, Medicaid, UHC

**Arlene G. Gallan, PhD**  
3205 Randall Pkwy., #105 28403  
272 9243 x1023  
18+, CBT, EMDR, Psychodynamic  
Aetna,BCBS, Hlth1st, Medicare, Medcost, MHN, PHCS,UBH, etc.

**George N. Gates, DMin, MA, LPA**  
1606 Wellington Ave., #H 28401  
793 6144 Fax: 793 6140 w: gatewaypsych.com  
10+, Ang,CBT,Dep,Fam,Gri,Men,Pas Test: Psy  
Aetn BCBS,Cerid, Cigna, Mgln, Medcost, MHN, Trier, UHC, Value

**Tina Gill, LPC, BCBA. Behavioral Consulting for Autism, LLC**  
16717 Hwy 17, #204 Hampstead 28443  
3317 Masonboro Loop Rd., 28409  
619 1200 w: behavioralconsultingnc.com  
ABA services. BCBS, Medicaid, Tricare

**Mary Godin, MA, LPA, LPC Anchor Psychological**  
16581 US Highway 17, #600 28443  
270 9995 w: anchorpsychological.com  
3+, ADD, Aff, Anx, ASD, CBT, Dep, PTS, Sex  
Aetn, BC BS, Cerid, Mgln, Medet, Multi, Trier, Value, UHC

**Yael Gold, PhD Integrated Therapy Associates**  
3907 Wrightsville Ave., #110 28403  
799 6162 e:yaelgold@msn.com w:itahealing.com  
16+, Anx, Dep, Eat, EMD, Gri, Hyp, PTS, Sex  
Aetn, BCBS, Mgln, Medcost, Meder, NCHC, Trier

**Howard Grotzky, EdD**  
5010 Randall Parkway 28403  
791 5719  
5+, ADD, Fam, Ind, PTS; Test: For  
Most insurance taken

**Monty Grubb, PhD Trilogy Services**  
7741 Market St., #C 28411  
686 4300 e:MGrubbTrilogy@aol.com w: TrilogyAPS.com  
1+, Ang, Anx, BeM, CBT, DD, Dep, Ger, ID, Org, PTS, Str, TBI  
BCBS, Medicare, Tricare, and most others

**Denise Hanson, PsyD Mind Matters**  
4000 Shipyard Blvd, #100, 28403  
792 5570 Fax: 792 5577 e:drhanson29@gmail.com  
3+,ADD,Cogmed, Par Test: Edu,Neu,Psy  
All insurance taken

**Eric Hartman, PsyD**  
2460 Delaney Ave., 28403  
202 9113 Fax: 202 9289. e:erichartmanpsyd@gmail.com  
ADD, Ang, CBT, Dep, Gri, Ind, LD, ODD. Test: EDU, Psy, ADD/LD  
5-26, Aetna, BCBS, Cigna, UBH

**Lillian Hood, MA Danson Counseling & Assessment Services**  
https://doxy.me/dansoncounseling  
742 0433 Fax: 408 0305 w:dansoncounseling.com  
25+, ACT, Anx, CPT, OCD, Prolonged exposure, Phobia, PTSD  
Blue Cross, self-pay

**Christine Hook, PhD NCSP, ABSNP Potentials**  
2505 S. 17th St., #200 28401  
254 4545 Fax: 254 4557 w: potentialsnc.com  
Test: 0-25, Edu, Neu, Psy: ADD,ASD,Cog,DD,LD  
Fee for service/out of network

**Don Hudson, PhD**  
Wilmington, NC  
410 218 8222 e: keeperdoc@gmail.com  
Aff, Anx, Dep, Fami. Ind, Men, Wom  
Fee for service, sliding scale

**Catherine Ibsen, PhD**  
2450 Delaney Ave. 28403  
763 9512  
18+, Aff, Ang, Fam, Gay, Ind, PTS, Sub  
Any insurance taken